

## Enduring Materials Learner Notification

### Society of Behavioral Sleep Medicine (SBSM)

#### 2017 Fall Conference Enduring Material- Case Presentations and Discussion III

Date of CE Release: February 1, 2018

Date of Last Review: January 1, 2021

Date of CE Expiration: December 31, 2022

Location: Online

#### Acknowledgement of Financial Commercial Support

No financial commercial support was received for this educational activity.

#### Acknowledgement of In-Kind Commercial Support

No in-kind commercial support was received for this educational activity.

#### Satisfactory Completion

Learners must listen to each self-directed audio recording while following along with the visual slides and complete an evaluation form to receive a certificate of completion. You must participate in the entire activity as partial credit is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

#### Accreditation Statement



In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Society for Behavioral Sleep Medicine (SBSM). Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### Physicians

Amedco LLC designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Psychologists

Amedco LLC designates this activity for a maximum of 1.00 Psychologist contact hours.

**The following state boards accept courses from APA providers for Counselors:** AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MD, ME, MO, NC, ND, NH, NE, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

**MI:** No CE requirements

**The following state boards accept courses from APA providers for MFTs:** AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

**The following state boards accept courses from APA providers for Addictions Professionals:** AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (outstate held)\*, OK, OR, SC, UT, WA, WI, WY

**MA / MFTs:** Participants can self-submit courses not approved by the MAMFT board for review.

**The following state boards accept courses from APA providers for Social Workers:** AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY

\* If the activity is held *live* in the state of NY, then direct addictions board is required, ie: NAADAC. If the activity is held outside NY, is virtual, enduring or remote, it is considered "outstate" and this reciprocity applies.

#### Social Workers



As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. Social Workers completing this course receive 1.00 GENERAL continuing education credits.

**The following state boards accept courses offering ASWB ACE credit for Social Workers:** AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, MT, NC, ND, NE, NH, NM, NV, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WV, WY

**\* WV accepts ASWB ACE unless activity is in live in West Virginia then an application is required.**

**The following state boards accept courses offering ASWB ACE credit for Counselors:** AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK, PA, TN, TX, UT, VA, WI, WY

**AL / Counselors:** Activities not providing NBCC approval may be approved by the Board for individual licensees upon receipt of acceptable documentation prior to the activity. Please send course details to your licensing board for approval BEFORE the event. No approvals afterward by the board.

**The following state boards accept courses offering ASWB ACE credit for MFTs:** AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK, PA, RI, TN, TX, UT, VA, WI, WY

**MA / MFTs:** Participants can self-submit courses not approved by the MAMFT board for review.

**The following state boards accept courses offering ASWB ACE credit for Addictions Professionals:** AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

### **Objectives - After Attending This Program You Should Be Able To**

1. Identify common sleep disturbances.
2. Apply behavioral and cognitive behavioral strategies to the treatment of sleep disturbances.
3. Identify the impact of clinically significant hypersomnia on patients' daily lives.
4. Learn non-pharmacologic management strategies for patients with hypersomnia.

### **Disclosure of Conflict of Interest**

The following table of disclosure information is provided to learners and contains the relevant financial relationships that each individual in a position to control the content disclosed to Amedco. All of these relationships were treated as a conflict of interest, and have been resolved. (C7 SCS 6.1—6.2, 6.5)

All individuals in a position to control the content of CE are listed below.

<b>First Name</b>	<b>Last Name</b>	<b>Commercial Interest : Relationship</b>
Suzanne	Bertisch	NA
Valerie	Crabtree	NA
Megan	Crawford	NA
Kathryn	Hansen	NA
Krista	Lee	NA
Susan	McCurry	NA
Scott	McGee-Plys	NA
Sarah	Morsbash Honaker	NA
Jason	Ong	Jazz Pharmaceuticals: Consultant
Michael	Schmitz	NA
Michael	Smith	Fitbit: Consultant; NIH: Grant/Research Support
Teri	Weaver	NA
James	Wyatt	NA

### **How to Get Your Certificate**

1. Go to <http://amedcoedu.com/esystems/quiz/quiz.cfm?QuizNum=778>
2. Complete the post-test, then click the link to evaluate the meeting.
3. Print all pages of your certificate for your records.
4. Questions? Email [Certificate@AmedcoEmail.com](mailto:Certificate@AmedcoEmail.com)